

MCLEAN HOSPITAL
PROGRESS NOTES

No. Name

Frank Amodeo

47 Partition

8/11/08

PMH/ HBP dx 5/08

asthma, long standing (20 yr) - never hosp.
uses about inhaler pm.

sleep apnea - uses CPAP x 1 mo.
abd surg at newborn ? type.

allerg/ no.

ROS/ LOC - no. 52 @ 1/1 @ allerg season.

Eyes - myopic - diving glasses. Ears &
sinus prol @ allergies. Teeth -

thy @ cv fast. irreg heart beat - recent
ETT(?) - "clean bill of health". Pulm @.

GI app no good 5/6/08. Hep @

Bowels @ Bu @ wt 1 lb on Depakote.

STD @ Back - Muskel @ heel pain

SH/ sig no etoh @ 100 @ took 16 Sudafed/

x 11 yrs - stopped '00. Caffeine 2-3 gal
ice tea/d (Equal). Exercise walk 2-3 miles
recently, nothing before. "Turnaround" work
separated. 1 dau. 5 pets.

FH/ 3 sibs - 1 son; "developmental prob"

M CIA HBP. Wife & W

F Ca-esoph rewire x 11 yrs

1 dau & W

meds/ Depakote, Zymera x 2-3 d

Fish oil x 3, atorvastatin. F.A.C.O.
2007

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8/11/08 REF.

160/88. 225 1/2 lbs 5'6" p 72 reg
Lateral 155/90 (A) BMI = 36 (obese)

Pleasant obese man.

HEAD EOMV Discs flat mouth - neck -
chest clear heart reg TUBA Abd

prominent NT sup scar KUB. Back -
organs palp. GU normal. Ext vicle

pedal pulses 2+ =. @ handed. CV2 -> 12 -
ATN w Romh - but w strength LEF w
speech clear articulate appropriate.

Imp/

(1) Obesity / HBP - BP not under adequate
control. Sugg d to labetalol + follow.
needs aggressive wt loss.

(2) Abul EKG -> ? EMI, indet. age. Pt says had
cardiac imaging recently - please get
record. Before embarking on vigorous
exercise program, need clarification of
cardiac status. Add ASK 9/17/08.

(3) Heel pain - leg weakness. No evidence of
the latter. ? mild plantar fasciitis.
May benefit by heel stretches.
? podiatry consult -> Sugg Dr Hester
at Pro Sports Center (787 487 9444).

Wgt! of milligram ->